

What is Male Sexual Assault?

Any *unwanted, non-consensual sexual contact* is sexual assault. A male can be assaulted by a woman or a man.

Approximately 1 out of 6 boys are abused by age 16 (Hopper, 1998).

Understanding sexual abuse of a young male

Child sexual abuse is any sexual behavior an adult or adolescent commits on a child, such as:

- ♦ Sexually touching the child.
- ♦ Having the child touch him/her sexually.
- ♦ Having the child observe others being abused or touched.
- ♦ Masturbating in front of the child.

Ten to eleven percent of rape victims are men (CVS, 1999).

Common Experiences of Male Victims

- Confusion regarding masculinity.
- Confusion surrounding issues of sexual identity.
- Exaggerated feelings of guilt if your body responded sexually.
- Fear that others will not believe you.
- Thinking that help is only available for female victims.
- Abuse of drugs/alcohol, caffeine, or nicotine.
- Feelings of shame, fear, nervousness, inability to trust, anger, low self-esteem, depression, self-blame, denial, embarrassment, heightened anxiety, mood swings, guilt, nightmares, flashbacks.

What are My Options?

- ♦ Know that *recovery* is possible.
- ♦ Seek support through your local crisis center.
- ♦ Seek support and comfort from friends and family.
- ♦ See a trained counselor to assist in the healing process.
- ♦ Join a support group for male survivors.
- ♦ Seek medical assistance regarding screenings for S.T.I.'s or HIV/AIDS, and to be treated for any possible physical injuries.
- ♦ Consider reporting to law enforcement.

***YOU ARE NOT ALONE!
HELP IS AVAILABLE!***

**SEXUAL ASSAULT
STATISTICS**

- ◆ Thirty percent of victims of child sexual assault are male (Mullen and Fergusson, 1999).
- ◆ 84% of all sexual assaults are committed by an acquaintance of the victim. (NWS, 1992)
- ◆ 10-20% of all males are sexually violated in their lifetime (Rape Prevention Project, 1998).
- ◆ Men are much less likely to report a rape or sexual assault (Dimock, 2000).
- ◆ 61% of all rape victims are younger than 18. (NWS, 1992)

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24-Hour Hotline
Collect Crisis Calls Accepted

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**MALE SURVIVORS
OF SEXUAL ABUSE/
ASSAULT**



**Alternatives to Violence
of the Palouse**

Help for victims and
survivors of domestic
violence and
sexual assault

24 hour Crisis Hotline
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